

# Checklist: Is my child ready for Kindergarten?

### **Personal Needs**

### Without help, can they...

- Put on and take off the coat?
- Tie their own shoes?
- Recognize their own belongings?
- Eat unassisted?
- Blow their nose and cover a sneeze?
- Use the toilet?
- Wash their hands?
- Snap, button, zip, and buckle?
- Sit at a table to eat?
- Use silverware?
- Put away toys when asked?

# Social Skills

# Can they...

- Listen to an adult and follow simple instructions?
- Cooperate with other children?
- Play with other children without showing aggression?
- Sit for short periods of time?
- Follow rules?
- Follow simple two-step directions?

#### Intellectual Skills

## Does your child...

- Sit and listen to a story?
- Hold a book upright and turn pages from right to left?
- Know their first and last name?
- Know their parents' names?
- Know their telephone number?
- Know their birthday?
- Tell and retell familiar stories?
- Know colors, shapes, and sizes?
- Willingly complete a task?
- Recognize familiar letters of the alphabet?

