



Pause and Reflect

We can learn a lot from our own experience - we can try to recreate moments of success and tweek moments of challenge. Stop and think about your own experience to build some strategies. As you listen to the strategies in the class, note ones that have worked and ones you might want to try. Making a commitment to just one change can help to start a whole new habit!

What has been lost in your learning community?	How have you been resilient as an educator in the past?
Where are you seeing symptoms of the loss?	How have you been resilient as an educator in the past?
How do you already foster the community as an educator?	How do you already foster the community as an educator?
What do you do to facilitate relationships with students, between students, with families?	What do you do to facilitate relationships with students, between students, with families?

