



Raising Digital Natives: Safety and Red Flags

Takeaway Messages:

Finding a balance between protecting your child, and giving them the independence to learn and socialize online comes down to practicing safe online interactions and knowing the warning signs to watch out for.

- Share concerns and approach together
- Monitor and check-in regularly
- Offer opportunities for growth
- Track changes, celebrate successes, remember that ups and downs will happen
- Find your support system, keep yourself accountable, don't be afraid to ask for help

