



Red Flags Provider

These indicate they are NOT evidence based, or providing you your LEGAL RIGHT to informed decision making

1. Defensiveness:

a. *Why do you think I wouldn't give you the best option?*

2. Belittling:

a. *I'm sure that sounds like a good idea*

b. *Oh honey, you think you'll be able to do that, but it's more than most can handle.*

3. Manipulation:

a. *I am a Doctor, I know what I'm doing.*

b. *Do you want to hurt your baby?*

4. Avoidance:

a. *You're taking up a lot of my time right now and I have other patients.*

