



Stepfamilies Self-Assessment

1. A strong commitment to each other
2. Showing caring and appreciation
3. Open communication and listening
4. Protect children from conflict
5. Bio parent is disciplinarian, both parents firm and kind, agree on discipline approaches
6. Respectful of children's other parent(s)
7. Spending time together
8. Individual time with child and with each other
9. Spiritual wellness
10. Able to cope with problems together

