



7 ways to Connect positively with your child

Notice, accept and reflect child's feelings

1. Respond warmly and positively to child's talk and body language
2. Keep child's age and stage in mind – match expectations
3. Accept your child as a unique person – temperament, preferences, interests, etc.
4. Allow child to experiment, explore and fail
5. Express interest in child's point of view and opinions
6. Spend positive time together

