



10 Strategies that Help Intergenerational Parenting

1. Think of adults as a team and parents have final say
2. Be specific about expectations
3. Create rules and routines as a family
4. Be willing to learn together
5. Consider grandparents' POV and be clear about final decision
6. Let relatives be relatives when not on duty
7. Keep the importance of family relationships as a priority
8. Develop a brain calming practice
9. Use Positive Communication Skills
10. Express gratitude regularly through words and actions

