



What is School Refusal and Why is it a Problem

- Regularly does not want to go to school or difficulty staying in school
- Different than truant or skipping school
- Distressed
- Possible triggers
 - Long break from school
 - Stressors
 - Bullying
 - Undiagnosed learning disabilities
 - Mental health crisis
- Often physical complaints (stomachache, headache)
- Impacts academic, social, and psychological development
- Undermines self-esteem
- Contributes to family conflict
- Interferes with parent's day/job

