



Signs You Might be Expecting Your Child to be Perfect

- Difficult to watch child do something if they don't do it well or your way
- Micromanage child when they are doing a task, offering guidance often
- Feel discomfort when child makes mistakes or doesn't do well
- Correct and direct frequently
- Try to inspire child to fulfill your dreams, lack of careful attention to child's own desires
- Your self-worth affected by child's achievement
- Place great importance on child's activities like sports or school performance

