



Peace At Home Resources

Website:

- The Cove Center for Grieving Children
 - child friendly resources and activities, school based programs, , parent/caregiver support,
- The Invisible String (and workbook), Patrice Karst and Dana Wyss
- The Memory Box: A Book About Grief, Jo Rowland
- Coping Kit
- Support Chain
- Beaded Memory Bracelet
- Letter/Poem/Song/Playlist

Preschool

Focus: naming and expressing feelings

- Books:
 - The Color Monster, Anna Llenas
 - In my Heart, Jo Witek
 - Something Small: A Story About Remembering, Rebecca Honig
- Coping Kit
 - Strategies, comfort items, playdoh, glitter wand
- Visual Routines
- Worry Monster
- Feelings Thermometer

School Age

Focus: Self Expression

- Books

Teens

Focus: Remembrance and self-expression

- Books:
 - Death is Stupid, Anasthasia Higginbotham
- Memory Box
- Coping Kit
- Letter/poem/song/playlist
- Grief Journals

Anticipatory Grief Resources

- Book:
 - Forever Connected: A Guide for Parents, Activities to Help Build and Maintain Connections with a Dying Parent, Caitlin Koch
- Memory making activities
 - hand prints or hand molds
 - friendship bracelets

