

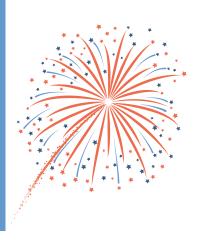
**JULY 2025** 

## PEACE OF MIND WITH PEACE AT HOME

## It's Independence Day

and we're not talking about the 4th of July

While fireworks mark America's Independence Day, we're reflecting on a different kind of freedom — the kind that grows inside our homes, as children become more capable, confident, and independent.





## GROWING INDEPENDENCE AT ALL AGES & STAGES



Infants & Toddlers: Create a "Yes" Space for Independent Play



School-Age Kids: Support Courage and Confidence



Tweens & Teens:
Planning for
Independence



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