



Communication with your child's teacher(s) is very important

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- Be prepared for the conversation
- Ask questions—jot them down in advance
- Build positive relationships with teachers
- Strong collaborations between home and school will help your child
- Ask what you can do at home to support your child's progress
- Be realistic with what you commit to

What NOT to do

- Don't assume you know the cause of the issue (e.g. assuming the child is lazy/unmotivated)

Instead: Work with the teacher to find the root cause

What NOT to do

- Allow your child to complete homework while watching TV

Instead:

- Discuss with your child the best routine and place that will support them to do homework - respect their instincts and try them out even if they don't make sense to you.
- In consultation with your child, set up a study space with appropriate tools (note: some children do better with music playing).
- Keep track of how long it is taking your child to complete homework assignments. Allow your child to take breaks.
- Consider meeting weekly with your child to assess how the plan is working and make changes as needed

What NOT to do

- Ask overly general questions about school.

Instead: Ask specific questions based on what you know (Foster open communication with your child.)

What NOT to do

- Come down hard about rules and be inflexible.

Instead: Be willing to think about new rules and routines.
Make sure your child's opinion is valued.

