



# How Can I Help My Child If They are Not Doing Well in School?

## What are some reasons a child may struggle in school?

- Learning issues
- Organization
- Not feeling well (e.g., uncontrolled asthma)
- Feeling sad or anxious
- Stress from being bullied

## Which area(s) is your child struggling in?

- School is for
  - Academic learning
  - AND
  - Social/emotional learning



## How can I find out why my child is struggling in school?

### Talk to your child

Ask questions about

- Schoolwork
- Classmates
- Teachers

### Observe your child

- Are they happy to go to school/come home from school?
- How long does it take them to complete homework?
- How do they talk about their classmates?

### Talk to your child's teacher

Ask about how your child ...

- Learns
- Behaves
- Interacts with others

Find out which supports have been provided (e.g., extra reading/math help, social skills group).

