MONTHLY PARENTING NEWSLETTER



JULY 2025

## **PEACE OF MIND** WITH PEACE AT HOME

## **It's Independence Day** and we're not talking about the 4<sup>th</sup> of July

While fireworks mark America's Independence Day, we're reflecting on a different kind of freedom the kind that grows inside our homes, as children become more capable, confident, and independent.



Independence Isn't Optional: Prepare Your Teens & Tweens to Cope Without You Starting Now Thursday, July 10, 12:00 PM ET

Register

## GROWING INDEPENDENCE AT ALL AGES & STAGES



Infants & Toddlers: Create a "Yes" Space for Independent Play

WorkLife



School-Age Kids: Support Courage and Confidence



**Tweens & Teens:** Planning for Independence

**Resource** Pages

## VISIT YALE'S PARENTING SOLUTIONS PAGE

to enjoy live workshops, quick videos, and more!

Quick Videos

