MONTHLY PARENTING NEWSLETTER



JULY 2025

PEACE OF MIND WITH PEACE AT HOME

It's Independence Day and we're not talking about the 4th of July

While fireworks mark America's Independence Day, we're reflecting on a different kind of freedom the kind that grows inside our homes, as children become more capable, confident, and independent.



Independence Isn't Optional: Prepare Your Teens & Tweens to Cope Without You Starting Now Thursday, July 10, 12:00 PM ET

Register

GROWING INDEPENDENCE AT ALL AGES & STAGES



Infants & Toddlers: Create a "Yes" Space for Independent Play

WorkLife



School-Age Kids: Support Courage and Confidence



Tweens & Teens: Planning for Independence

Resource Pages

VISIT YALE'S PARENTING SOLUTIONS PAGE

to enjoy live workshops, quick videos, and more!

Quick Videos

