



Use organizational management principles to manage home life



CPE: Conception, Planning, Execution

Mom notices that 6-year-old Johnny will only eat his hot dog if he can dip it in French's yellow mustard. She sees they are almost out of mustard. That's **Conception**. So she writes on her list. That's **Planning**. Dad wants to be helpful, offers to go to the store. And that's **Execution**. **And that's a problem.**

What is the "Fair Play" Method?

A game-changing solution that helps couples create a customized system for how to equitably distribute the work of home life.

Fair Play

- 100 cards of Fair Play
- 60 cards possibly in play for couples only
- Another 40 cards possibly in play for couples with kids
- 30 daily grinds (each noted with a coffee cup) – every day or highly repetitive tasks that often have to happen at specific time, like feeding children breakfast and getting them to school. Because these can not be done on your own time table, should rarely and ideally never be held by one partner.
- 3 cards in the happiness trio which is self-care, adult friendships, and unicorn space – these are super important for both partners to hold, because without them, there can be strong resentment and huge impacts to couple's and individuals' happiness

5 Suits - Like a deck of cards, they are broken into Suits.

- **Home and Out suits** more easily outsourced
- **Caregiver and Magic suits** like holding kid's hands at the pediatrician, ensuring tooth fairy visits, or prioritizing adult friendships typically unable to be outsourced
- **Wild cards** are temporary ones that often take an enormous toll on daily life, like a new job, moving, new child, or a sick parent.

